

CHS CHECKUP



A publication by and for employees of the Kentucky Cabinet for Health Services

July 30, 2002

NEWS BRIEFS

TB CONFERENCE

The Tuberculosis Control Program has scheduled its annual statewide TB Management Seminar for August 29-30 at Kentucky Dam Village State Resort Park in Gilbertsville, Ky.

This year's theme is *The TB and the HIV Connection*. Although trends suggest that the nation is advancing toward elimination, significant challenges remain in the continued threat of multiple drug resistant TB and the interaction between HIV and TB. People co-infected with HIV and TB are up to 800 times more likely to develop active TB disease during their lifetime than people without HIV infection. Among infectious diseases, TB remains a leading killer in the world, with more than 2 million TB-related deaths each year.

For more information, call Misty Chapman at 564-4276.



TIP OF THE WEEK

Swimmer's ear is often caused by excess moisture in the ear from swimming or even routine showering. It is usually not a dangerous condition and often clears up on its own within a few days, however an inflammation sometimes can set in causing an infection that can be very painful. It is recommended that if there is pain and it worsens or does not improve within 24 hours, you should see your doctor.

2002 KECC Kick-Off

Employees are invited to attend the 2002 Kentucky Employees Charitable Campaign (KECC) kicks off Aug. 6 from 11:15 a.m. to 1 p.m. at the Farnham Dudgeon Civic Center in Frankfort.

This year's campaign focus promises to bring out the winner in all of us! With the theme "The Winner's Circle," employees will gather to witness all sorts of events geared toward racing – including some "horse" races by Cabinet officials. After the kick-off, you will receive your annual pledge sheet from your KECC coordinator. We hope you'll take a minute to learn more about the charities supported by KECC, and if there's a special charity that isn't listed, we can make provisions for them to receive your gift.

In addition to distributing individual pledge cards, this year's fundraising efforts will include a silent auction, T-shirt sales and CHS cookbook sales (recipes needed, contact Kay Thomas on email or at 564-5705). Gwen Mayes, Executive Director, of the Office of Women's Physical and Mental Health, has lead responsibility this year for the CHS campaign and is joined by a team of outstanding "athletes" for this year's race.

Won't you help make this a winning season for many Kentuckians who need a helping hand? Join us on August 6th for the kick-off of KECC's most successful campaign ever.



Parking Reminders

Here are some parking reminders for those who work in the Human Resources Complex:

- When parking your car or making brief stops at the entry of the building, please do not block the ramps that provide access for disabled employees and visitors. These ramps are meant to provide access and a car blocking them removes that access.
- As part of parking lot reconfiguration, CHS is seeking the names of employees who need permanent access (ADA) parking. CHS is asking that you provide your name if you require an ADA parking space and are currently parking in an area

not designated for employees who require ADA parking or, if you require an

ADA parking space and one has not been permanently assigned to you. Those employees who have temporary needs for ADA parking should submit the appropriate documentation from a practicing physician. All information will be confidential.

Please contact either Greg Slattery in the Finance Cabinet at 564-2205, ext. 231 or Cindy Atkins, at 564-7042. Also, they can be reached through Global Email and will work with you to facilitate this process. Please respond by Thursday, Aug. 1.



"...promoting and safeguarding the health and wellness of all Kentuckians."

Health Services' Computer Policy

In order to improve the security of our computer network and respond to potential vulnerabilities identified by the Auditor's office, the Cabinet for Health Services executive leadership has directed the Division for Technology Resources to audit the CHS network.

The audit may reveal computer applications that are not part of the approved and licensed software supported by CHS.

Applications downloaded from the Internet can make our network vulnerable to intrusion. These items include certain screen savers, computer games, pictures and other applications.

In order to prepare for this audit, please remove from your computer any games, pictures or demo applications that are not critical to your work. Even if you brought the computer game from you home and are licensed to use it, please remove it from the CHS equipment. Use of state equipment for this purpose is inappropriate.

Advice regarding screen savers will be forthcoming.

After the audit, an IT policy regarding your desktop environment will

provide further guidance in maintaining a secure and appropriate network environment.



Administrative Support Reorganization



Klein

The Office of Program Support has been reorganized into three new divisions attached to the CHS Secretary's Office.

The three new divisions are: the Division for Quality and Human Resource Management, the Division for Policy & Financial Management and the Division for Technology Resources.

Secretary Marcia Morgan announced last week that two new directors have been selected. (The third, Joseph Flara, was already heading technology and is the CHS chief information officer.)

Jay Klein, who has worked in the secretary's office on legislative, regulation and personnel issues, will be the new director of the Quality and Human Resource Management division effective Aug. 16.

Jerry Bailey, a veteran of the Legislative Research Commission, will head the Policy and Financial Management Division and will serve as the cabinet's chief financial officer. Bailey recently retired from the LRC, where he served as director of the budget staff. He starts Sept. 1.



Bailey

Morgan, in a meeting last week with administrative support staff, praised employees for their work since the cabinet was created in 1996. The new directors will have key roles in strategic planning for the divisions, Morgan said.



Hart Receives Supported Living Award

July 16 was the 10th anniversary of the Supported Living Program and, coincidentally, Jane Hart's 80th Birthday. At the gala celebration commemorating both these milestones, Jane Hart was presented with the Ida B. Terry Award for Commitment to Excellence in Supported Living.

Jane Hart, the parent of a developmentally disabled child, has been instrumental in developing programs for individuals with disabilities, including the Theresa Hatton Foundation and Contact. She has served on the ARC of Kentucky Board and has been chairperson of the Kentucky Developmental Disabilities Council (KDC).

In June of 1991, a KDC taskforce began to think about an ideal service initiative that would promote positive involvement and a sense of belonging for people with disabilities within their communities. Jane Hart was a tireless advocate of this program to all who would listen including the legislature. As a result of her hard work and the efforts of other like-minded supporters, the Supported Living Bill (HB 447) was passed as by the Kentucky General Assembly in 1992.

The Supported Living program is for all people with disabilities and is administered by the Department of Mental Health and Mental Retardation. Ida B. Terry was a department employee who was instrumental in getting the program off to a great start. The award was instituted as a memorial to this dedicated employee. The award was presented to Jane Hart by Doug Riddell, a retired department employee and the first recipient of the award.



What's Under CHS's State Fair Big Top?

Last Year's CHS Circus at the Kentucky State Fair was such a success that we're trying it again with modifications. For example, some program areas will staff booths on a rotating basis, which means that small groups like Women's Health, Aging Services, etc. will not have to be there the entire 11 days. Also, the three rings are more diversified this year and will not be divided into children, adolescents and adults. In addition, there will be one nice giveaway – a treadmill – that will be presented to the lucky winner after the Fair in Frankfort by Secretary Morgan and Dr. Leach to promote Healthy Kentuckians 2010.

The Fair is only a couple of weeks away, August 15-25 and the CHS Fair Committee has been working hard to provide many terrific outreach services for Kentucky fairgoers. Once again, our theme this year is *Life's a Three-Ring Circus: Be Healthy & Perform Well*. There will be CHS Calendars, information, games, and health screenings galore. Below is a peek at some of the action under CHS's Big Top:

Be Tobacco, Alcohol & Drug Free—KIP/KYASP in conjunction with the Division of Substance Abuse will use DUI goggles/glasses that simulate a drunken state.

Body Composition Analysis — provides the participant with an in-depth analysis of his or her current body composition status including body fat, lean body mass, and body water. It also includes specific recommendations on what he or she can do to modify exercise and diet programs to improve overall body composition. Participants complete a short questionnaire and participate in a 10-minute counseling session in which they receive their results.

Commission for Children with Special Health Care Needs—will promote the agency's programs with a focus on early intervention & transition services. An interactive life-size "board game" (where the players are the "pieces" on the board) will illustrate the importance of being "Healthy and Ready to Learn."

Diabetes Risk Assessments—In support of our commitment to Healthy Kentuckians 2010, Jefferson County Health Department, in conjunction with Public Health, will be offering diabetes interactive counseling to increase the awareness about Diabetes Mellitus.

Fast Food Fat & Sodium Facts—These displays complement the body composition screenings and diabetes risk assessment areas by providing nutritional information using a food pyramid and high-fat and sodium food displays.

Food Safety—The Food Safety Branch tells visitors *Don't Clown Around with Food Safety* by offering an interactive clown face game and accompanying literature about summertime food safety.

Health Risk Assessment—presents a model heart with fatty deposits and information about cardiovascular health

including a health risk assessment questionnaire.

Healthy Aging—The Office of Aging Services has an interactive wellness wheel activity along with a PowerPoint presentation geared to healthy aging.

High Performance Kids—The Division of Adult and Child Health along with the Governor's Office of Early Childhood Development highlights early childhood development and the KIDS NOW initiative by weighing and measuring children and discussing and recording this data on a card for parents to take with them. Interested parents will be given the phone number of a HANDS site near them.

Lead Safety—offers informational handouts; lead awareness items such as, pens, pencils; visual displays of lead laden items, with a lead house; and a display of a lead abatement worker in proper protective clothing as the interactive portion.

Mental Health—has a PowerPoint loop presentation of myths, facts and statistics about mental illness. They will also offer mental or stress screening administered by a qualified clinician.

Mental Retardation—is focusing on PKU by using a ring toss game and hand stamps.

Milk Safety—The Milk Safety Branch offers children and adults alike the opportunity to step into the hooves of a cow by placing their face in the cutout surface of a large wooden, painted cow.

1% Milk or Less—A wheel of fortune interactive game educates participants about the benefits of consuming 1% or less dairy products.

Oral Health—The Kentucky Oral Health Program will have an interactive (Geosafari) game that focuses on dental sealants. There will be a game for younger children to locate the number of toothbrushes in a poster. Educational materials and handouts will be available.

Product Safety—features an interactive beanbag toss game with emphasis on child safety.

Sun Exposure—A dermascan machine offers fairgoers the chance to view the damage to their skin as a result of overexposure to the sun using an interactive computer image.

Tobacco Prevention & Cessation—This display offers a CO₂ monitoring device for fairgoers to check lung capacity.

Women's Health—will focus on three subjects, stress and relaxation therapies, arthritis, and heart disease with an emphasis on how these areas impact women's health.

There's also something new this year, the Health Horizon's Presentation Stage. CHS is right in the thick of things, making about 40 presentations from proper nutrition to bioterrorism.

There is still time to sign-up to for a big time under the big top! For more information, contact the Communications Office at 502/564-6786.

